

# Accolade Maternity Program

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Pregnancy is a time of great joy, but it often brings many questions (and maybe a few worries). Fortunately, you have access to Accolade's Maternity Program at no additional cost, thanks to your employer.



## Expanding your family

Enroll in Accolade's Maternity Program to connect with an experienced maternity nurse to support you during your pregnancy and answer any questions or concerns — even after the baby arrives! Accolade maternity nurses do not replace your provider, but empower you to strengthen your communication and relationship with your entire medical team so you get the best possible care.

After enrollment, your Accolade maternity nurse will send you personalized educational materials to support your specific pregnancy care needs. We will call you throughout your pregnancy to further assist you in getting ready for birth and taking care of your new baby.



## It's easy to get started

Once you learn you are pregnant, enroll in the Accolade Maternity Program by calling Accolade and asking to speak with a maternity nurse. You will then complete a brief, initial assessment and receive guidance on topics to discuss and questions to ask your physician or midwife. We will take as long as you need to help you feel prepared for your next appointment.

Participation in Accolade's Maternity Program is completely confidential. Your employer will not receive any information about your maternity assessment.

**CALL 911 IF YOU ARE HAVING A MEDICAL EMERGENCY.**

*Accolade and its affiliates ("Accolade") are not an emergency medical service. Accolade provides a personalized healthcare information service to support you to better understand and utilize your benefits, receive information from expert medical resources, and facilitate your access to medical care from various healthcare professionals, including virtual medical care services. Virtual medical care services offered by Accolade are provided through independent professional medical practices, including under the Accolade Care brand, to which Accolade provides various platform and related services.*

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## Questions you can ask your Accolade maternity nurse:

- What kind of breast pump do I qualify for?
- Where can I go for lactation support?
- What are the top dos and don'ts for expectant moms?
- How do I add my baby to our health plan?
- And so much more!

