

# Eating disorder treatment that works

Delivered at home

# How it works

#### **Evidence-informed treatment**

Built on evidence-based modalities including FBT, CBT-E, CBT-AR, and DBT

## 5-person care team

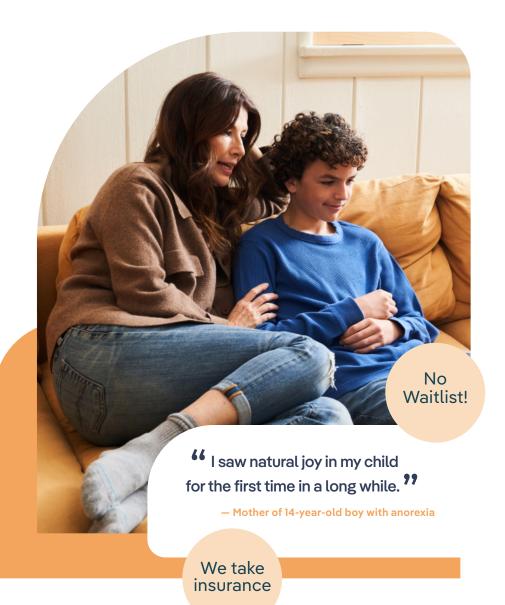
Therapist, dietitian, medical provider, peer mentor, and family mentor

## Virtual by design

Fully virtual treatment from wherever is convenient for you

#### Treatment that adapts

Care that adapts to your loved one's needs and empowers them to continue everyday activities and be invested in life.



Equip leads to lasting recovery



3/4

of those supporting a loved one feel more confident in doing so



2 of 3



90%

patients report reduction in eating disorder symptoms

\*By the 8th week of treatment

of families are highly satisfied with Equip treatment\*



Scan the QR code or visit **explore.equip.health/accolade-equip** to learn more! **info@equip.health**