



Equip

Eating disorder treatment that works

Delivered at home

How it works

Evidence-informed treatment

Built on evidence-based modalities including FBT, CBT-E, CBT-AR, and DBT

5-person care team

Therapist, dietitian, medical provider, peer mentor, and family mentor

Virtual by design

Fully virtual treatment from wherever is convenient for you

Treatment that adapts

Care that adapts to your loved one's needs and empowers them to continue everyday activities and be invested in life.



No Waitlist!

“ I saw natural joy in my child for the first time in a long while. ”

— Mother of 14-year-old boy with anorexia

We take insurance

Equip leads to lasting recovery



3/4

of those supporting a loved one feel more confident in doing so



2 of 3

patients report reduction in eating disorder symptoms



90%

of families are highly satisfied with Equip treatment*

*By the 8th week of treatment



Scan the QR code or visit explore.equip.health/accolade-equip to learn more!
info@equip.health